



MEREDITH MEDITERRANEAN

Chef Crafted

MEZZE PLATE \$11.99 **992-1583 CAL**

Kale and Mixed Greens, Choice of Protein, Pickled Red Onion, Cucumber and Tomato, Crispy Chickpeas, Marinated Olives, Hummus, Feta Crumbles, Tzatziki Sauce, Warm Pita Points

GREEK BOWL \$11.99 **714-1305 CAL**

Brown Rice and Quinoa, Choice of Protein, Pickled Red Onion, Cucumber and Tomato, Crispy Chickpeas, Marinated Olives, Fresh Avocado, Feta Crumbles and Garlic Sauce

GREEK SALAD \$10.99 **532-1220 CAL**

Kale and Mixed Greens, Choice of Protein, Dice Tomato, Pickled Red Onion, Crispy Chickpeas, Marinated Olives, Roasted Red Peppers, Feta Crumbles, Fresh Avocado, Choice of Dressing

GYRO \$9.99 **537-1128 CAL**


Warm Pita Bread, Choice of Protein, Kale and Mixed Greens, Cucumber and Tomato, Pickled Red Onion, Marinated Olives, Feta Crumbles, Tzatziki

Sides

 **HUMMUS \$1.99** **283 CAL**
Delicious Blend of Chickpeas, Garlic, Tahini, and Lemon Juice

 **WARM PITA \$0.99** **212 CAL**
Fresh Roasted Pita Bread





 **ZA'ATAR CARROT SALAD \$2.99** **136 CAL**
Shredded Carrot, Raisins, Red Onion, and Lemon Vinaigrette

 **TABBOULEH \$1.99** **124 CAL**
Israeli couscous tossed with fresh tomato, parsley, green onion and mint in lemon-garlic vinaigrette.

Build Your Own \$11.99

Choose your Base + Protein + Toppings + Sauce









BASE

 BROWN RICE AND QUINOA	116 CAL
 CILANTRO LIME RICE	123 CAL
 KALE AND MIXED GREENS	6 CAL
 PITA BREAD	212 CAL

PROTEIN

CHICKEN SHAWARMA	176 CAL
Grilled Shawarma-Spiced Shredded Chicken Thighs	
 FALAFEL	62 CAL
Ground Chickpeas and Parsley with Middle Eastern Spices	
 ROASTED VEGETABLES	101 CAL
Carrots, Zucchini, Red Onion, Green and Red Bell Peppers	

TOPPINGS

 DICED TOMATO	10 CAL
 CUCUMBER + TOMATO SALAD	17 CAL
 PICKLED RED ONION	21 CAL
 CRISPY CHICKPEA	172 CAL
 MARINATED OLIVE SALAD	146 CAL
 ROASTED RED PEPPERS	9 CAL
 AVOCADO	90 CAL
 FETA CRUMBLES	78 CAL

SAUCE

 TZATZIKI SAUCE	57 CAL
 HARISSA VINAIGRETTE	94 CAL
 LEMON TAHINI DRESSING	97 CAL
 GARLIC SAUCE	74 CAL